

Natural Health Remedies



Exciting, Life-Changing, Health and Natural Remedies Presentations with doctor **John G. Clark M.D.**

- Free Materials will be given out on various health topics.
- DVD's will be available corresponding to the topic of the night for later personal resource, review and sharing.

These presentations are a **free service** of Northern Lights Health Education — gifts are welcome and are tax deductible.

Images ©2006 JupiterImages Corporation.

Natural Remedies Health Training Program

An Educational Seminar That Teaches You How To Escape And Reverse Disease Naturally:

- Health Into Retirement
- Hypertension
- Influenza Protection
- Alzheimer's
- Cancer
- Back and Neck Pain
- Diabetes



Each seminar will provide you with easy to follow practical knowledge of natural health, based on scientific evidence, clinical and personal experience **with extra time for your questions and answers.**

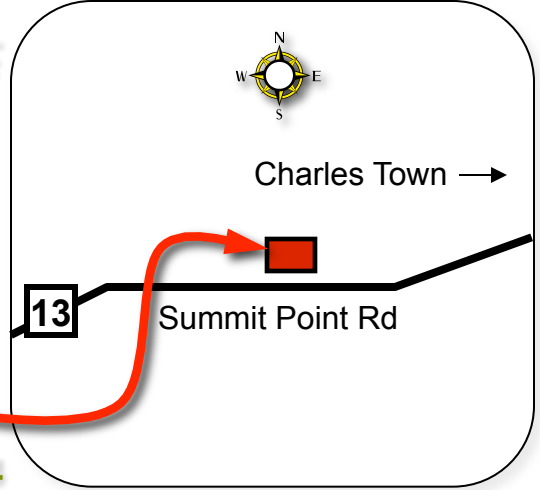
Week Of Health

Presentations Begin On:

Sunday, October 21
Nightly at 7:00 p.m.

Where?

Charles Town Seventh-day Adventist Church
7869 Summit Point Rd
Charles Town, WV 25414



See reverse side for nightly topics.

For more information call: 304-725-6018

www.NorthernLightsHealthEducation.com

Date	Topic	Description
Sunday October 21 7:00 p.m.	<i>Healthy Hundred:</i> Breaking The Age Barrier.	Learn how to live a long energetic life, starting now. Avoid disability and disease. Learn simple easy-to-apply anti-aging techniques you can do at home. Add life to your years—age elegantly. Begin to experience and enjoy life more abundantly, today!
Monday October 22 7:00 p.m.	<i>Hypertension:</i> Taking The Pressure Off.	Every third American has high blood pressure. These hypertensives are three times more likely to have a heart attack and eight times more likely to suffer a stroke. Fortunately, hypertension, in most cases, can be reversed by simple dietary and lifestyle changes.
Tuesday October 23 7:00 p.m.	<i>Pandemic Influenza:</i> And Other Infectious Diseases.	How to become resistant to colds, influenza and other infectious diseases. Cut costs and avoid long waits for conventional medical care. Boost your immune system. Recover from infectious illness, quickly, with out the use of expensive and sometimes dangerous drugs.
Wednesday October 24 7:00 p.m.	Alzheimer's, Stroke and Parkinson's.	Over 5 million people in the U.S. have Alzheimer's and the number of people dying from dementia is increasing. Learn about micronutrients that support brain health many people underestimate. Protect your brain; take advantage of this opportunity to learn before it is too late.
Thursday October 25 7:00 p.m.	<i>Cancer:</i> What's Eating You?	Learn the common causes, prevention and solution for this feared disease. Start on an ideal diet that boosts your immune system and energy levels. Simple home remedies that help prevent cancer.
Friday October 26 7:00 p.m.	<i>Oh, My Aching Back!</i> Reversing back and neck pain, naturally.	My secrets and philosophy on how I've helped others. Natural pain relief through good nutrition and proper exercise. Recover at home. Learn about back physiology and a few simple tools that promise to get you back to being a success in life.
Saturday October 27 7:00 p.m.	<i>Diabetes:</i> The Butter With The Sweet.	Why be sick when this scientific information can get you well... fast? And without injections! Control sugars at home with simple natural remedies. Join others in celebrating freedom from diabetes.



John G. Clark, M.D. and his family are coming to your community with practical knowledge and lost wisdom on effective healthy choices and home remedies to help you escape and even reverse serious illnesses and debilitating conditions. It is within your ability to gain improved health with simple easy to apply principles: Come find out how. Dr. Clark completed his training at Loma Linda University School of Medicine and is dedicated to helping people learn the underlying causes of many common diseases and demonstrate how you can avoid and reverse the disease processes naturally.

