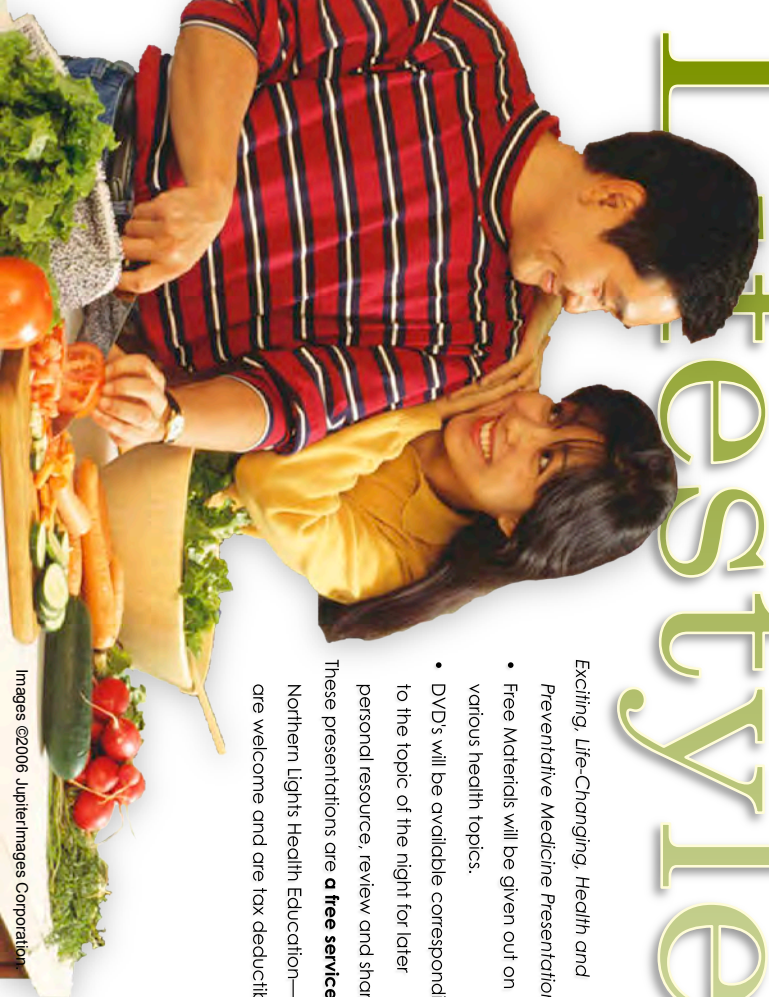


# LifestyLe



- Exciting, Life-Changing, Health and Preventative Medicine Presentations.
- Free Materials will be given out on various health topics.
  - DVD's will be available corresponding to the topic of the night for later personal resource, review and sharing.
- These presentations are a **free service** of Northern Lights Health Education—gifts are welcome and are tax deductible.

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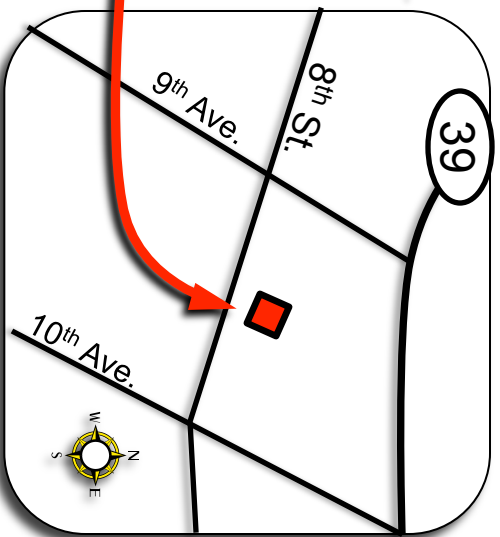
## Opening Presentation:

Tuesday, August 31, 6:00 p.m.

with extra time for your questions and answers.

## Where?

McClintic Public Library  
500 8th Street  
Marlinton, WV 24954



**For more information, or to preregister call: (304) 799-7169**

[www.NorthernLightsHealthEducation.com](http://www.NorthernLightsHealthEducation.com)

# Discover the keys to your

# Health

**Understanding, Preventing,  
and Reversing Lifestyle**

**Diseases**

- Cholesterol, Heart
- Diabetes

Discover the secret of true health and happiness. Begin to experience and enjoy life more abundantly. Each seminar will provide you with practical knowledge of natural health, based on scientific evidence, clinical and personal experience.



John Glenn Clark, M.D., his wife Julie and son Connor work out of Skowhegan, Maine. Dr. Clark completed his training at Loma Linda University School of Medicine and now shares his knowledge on the causes of many common lifestyle diseases from which you suffer and offers practical tips on how you can prevent, and even reverse, these debilitating conditions. **You deserve good health--and it's within your reach to obtain it, given good lifestyle choices!**



**Tuesday, August 31, 6:00 p.m.      The Cholesterol Story! Are You Fighting Heart Disease?**

Heart issues? Having trouble keeping your cholesterol within safe limits? Embark on a journey of discovery, **stamp out circulatory diseases...Naturally!**

**Wednesday, September 1, 6:00 p.m.      Diabetes: The Butter With The Sweet.**

Why be sick when with this scientific information you can **get well... fast?** And **without medications!** Join others in celebrating freedom from diabetes.